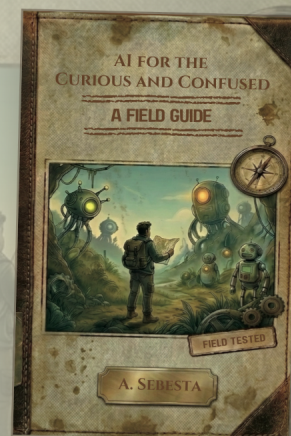


AI for the Curious and Confused

A FIELD GUIDE

A short, conversational trail map for ordinary readers who want to understand AI without pretending they already do.



“This book is for the rest of us.”

For parents, educators, professionals, and the AI-curious.

WHAT IT IS

AI, TRANSLATED INTO HUMAN.

AI for the Curious and Confused: A Field Guide turns the fast, noisy AI moment into a guided field trail. Through plain-English explanations, humor, and familiar analogies, A. Sebesta helps readers understand what AI is, how large language models work, why tools hallucinate, what agents are, and how to start thoughtfully.

AI basics

LLMs

Hallucinations

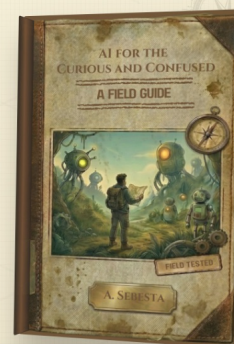
Agents

Responsible use

AI for the Curious and Confused

A FIELD GUIDE

Artificial intelligence is suddenly everywhere. This book breaks it down in plain language, with no technical background required and no jargon left unexplained.



RELATABLE ANALOGIES

Vacuum cleaners, cooking shows, and other familiar anchors make the strange feel learnable.



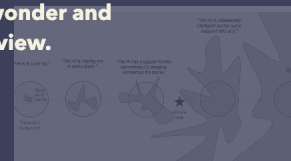
PRACTICAL CONFIDENCE

Readers learn enough to join the conversation, ask better questions, and begin experimenting.



CLEAR-EYED CURIOSITY

AI is powerful, weird, uneven, and already here. The guide keeps both wonder and judgment in view.



ABOUT THE AUTHOR

A. SEBESTA

A Chattanooga-based writer and educator, Sebesta brings a background in adult learning to a book built for confidence rather than technical swagger. She wrote it for readers who are curious, overwhelmed, or quietly wondering whether everyone else understands AI better.



AVAILABLE NOW

Paperback + ebook

curiousandconfused.ai

Interviews, podcasts, review copies:
abigail.sebesta@gmail.com

“Let’s use AI in ways that increase, not diminish, human flourishing.”